



# CalvertHealth

Addressing Healthcare Inequities



# Driving Change: Mobile Health Center

## *Building Access to Care – One Stop at a Time*

- The Mobile Health Center travels to underserved areas of our community to bring essential health services and remove barriers to care.
- Access to primary and preventative health care continues to be an overwhelming issue for many in our community, especially in North Beach, Prince Frederick and Lusby.
- Obstacles to care include lack of transportation or lack of insurance.
- In its first six weeks on the road, the Mobile Health Center connected with more than 330 residents at area churches, schools and health fairs. The center has assisted residents throughout Calvert County.



*“The mobile health center is so much than a truck. It’s a vehicle for change.”*

*-Dean Teage, FACHE  
President & CEO*



# Addressing Calvert's Health Priorities

## Services Provided:

- ✓ Free medical clinics
- ✓ Free flu shots
- ✓ Primary care services
- ✓ Navigation to appropriate care, if needed
- ✓ Preventative screenings
- ✓ Blood pressure screening
- ✓ Weight checks
- ✓ Breast exams (no mammograms)
- ✓ Review and explanation of medications
- ✓ Education for diabetes, cholesterol and high blood pressure
- ✓ Insurance Assistance

## Frequent Stops:

- ✓ Senior Centers (throughout county)
- ✓ Food Pantries: SMILE, St. John Vianney, Chesapeake Cares, St. Anthony's
- ✓ Churches (throughout county)
- ✓ Communities: Chesapeake Ranch Estates, Silverwood Apartments, Chapline House Apartments
- ✓ Community Events and Health Fairs

For a complete listing of Mobile Health Center stops, visit our website at [CalvertHealthMedicine.org/MobileHealthCenter](http://CalvertHealthMedicine.org/MobileHealthCenter).



*Pictured far left, Russell Wilson of Lusby gets a free blood pressure check in Fall 2018 and (left) CalvertHealth nurses prepare to administer free flu shots in Fall 2020 through one of the Mobile Health Center's drive-thru flu clinics.*



# On the Move:

## Upcoming *FREE* Medical Clinics

**Wednesday, November 4**

3-6 p.m.

St. John Vianney Food Pantry  
105 Vianney Lane, Prince Frederick

**Wednesday, November 11**

3-6 p.m.

St. Anthony's Church Parking Lot  
8816 Chesapeake Ave, North Beach

### Free Medical Clinics Offer Opportunities for:

- ✓ Medical assessment; blood pressure, weight check, physical examination (well and sick visits)
- ✓ Prescriptions, when applicable
- ✓ Navigation to follow-up care
- ✓ Established with Primary Care Provider

### Additional Services:

- ✓ COVID-19 Testing (for those meeting screening criteria)
- ✓ Flu Shots
- ✓ Maryland Health Exchange Information (health insurance)
- ✓ Dental Screenings (dental provider on-site)



*Pictured above, Karen O'Connor, CRNP; Donna Sisson, RN; and Dr. Ramin Pirouz at a free medical clinic at Chesapeake Cares Food Pantry in Huntingtown in early 2019. Physicians and providers within the CalvertHealth Network of Care volunteer their time to serve our community in this way.*

